



STRONGER BONES, BETTER HEALTH

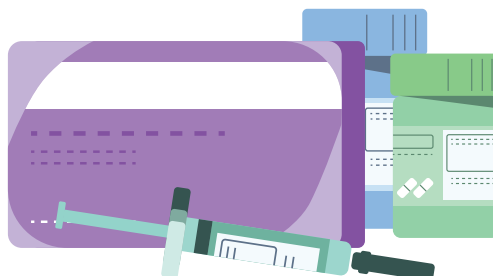
Make the most of your osteoporosis medicine

Get to know your medicine and improve your bone health.

With some osteoporosis medicine, you can get sms messages with tips and hints to support your treatment.

Check the list to see if your medicine is on it

- Alendronate
- Risedronate
- Denosumab
- Raloxifene
- Romosozumab
- Teriparatide



Your pharmacist may ask for your mobile number to send the sms messages if you want them. If you do not want them, you can say so.



What you get

In the six days after you get your osteoporosis health medicine, four sms messages will help you learn about it and use it well.

1. How osteoporosis medicines help to reduce bone breaks.
2. What causes osteoporosis.
3. What osteoporosis means for your health.
4. Tips and hints on diet, exercise, sunlight, and stopping falls.



You may get one more helpful sms message around one month to five months later.

Why this matters

Osteoporosis can raise your chance of bone breaks. Learning about your bone health and taking your medicine the right way can help you look after your bones.

Your choice

Taking part is up to you.
You can stop getting the sms messages .
Just reply STOP.



Need Help?

You can ask your pharmacist for support with your medicine, and your bone health questions.



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